

Rossett PE Newsletter

July 2019



Just wow! What a year we have had! I would like to start by thanking a few people in no particular order: Firstly, to our wonderful students who, on a weekly basis go into schools and represent Rossett. Our reputation as a school is under scrutiny every time we set foot in another school and I am pleased to say every time we do our reputation is enhanced. From everyone at Rossett, we thank you for your efforts.

Secondly, I would like to thank all of the parents who support Team PE. Your continued efforts are one of the main reasons we are so successful, who can forget all of those late pick-ups from the car park on a miserable winter's evening?

Thirdly, I would like to thank all the PE teachers (all 11 of them!). Coupled with the best sporting facilities in the area, we offer an extensive programme that provides 'Success for Everyone' regardless of sporting performance or ability. I am sure you agree that we have something for everyone here at Rossett.

From all in Team PE, we thank everyone involved with sport at Rossett and we can't wait for September where we can fully show off our new Rossett Red PE kit.

Have a fantastic Summer.

Mr Bradshaw
Head of PE



SPORTS DAY CHAMPIONS

Congratulations to the following forms who were crowned champions for Sports' Day 2019. Each member of the following form receives 100 VIVO's.

7 MWN

8 SWE

9 KFN

10 HGR

GOOD LUCK!

We say our goodbyes to Mr Wix this summer as he embarks on his new adventure, enrolling in Physical Education ITT Teacher Training. Mr Wix has been a great help with both co-curricular activities as well as PE lessons and we wish him all the very best for the future.



Records Broken!

We had yet another successful Sports' Day on Tuesday 2nd July which included a 'Retro' Sports Day (featuring old favourites such as an egg and spoon race and a sack race) - other highlights were the tug of war, rounders and soft ball which allowed participation that encompassed the whole year group. The usual track and field events ran alongside these activities culminating in a 'finals' event.



Ricardo James in the Year 8 ran the 100m track event and equalled J Saville's 19 year old record with a time of 12.3 seconds. **Leo Georgallis** equalled the High Jump record of 1.65m set in 2017 by E Walsh.



Freddie Robinson broke the Year 8 Long Jump record which now stands at 5.09m - this was 2cm beyond the previous record set 19 years ago of 5.07m by T.Watts. Freddie also broke the record as a Year 7 boy with a jump of 4.32m

English Schools for Smith

Issy Smith qualified and was selected to represent North Yorkshire in The English Schools' Athletics Championships in Birmingham.

Issy jumped a Personal Best of 10.89m in the Triple Jump to finish 3rd in Yorkshire and 30th in the England.



Issy also broke the Year 10 100m record at Sports' Day which now stands at 13.26 seconds. This record has stood for 28 years since T. Barker ran the distance in 13.47 seconds in 1991. Issy also broke the record last year as a Year 9 girl in the same event.



LEADING THE WAY

The Sports' Leaders represented Rossett brilliantly this year, organising and supporting a variety of events including; gymnastics, hockey, football, agility, athletics and most notably Rossett School Sports' Day!

The whole cohort has really engaged with all aspects of the course and have developed into confident and enthusiastic role models within the school to become excellent Sports' Leaders.



THEY THINK ITS ALL OVER!

The Year 8 Boys' Cricket Team sailed through to the second round of the County Cup with a victory over St John Fisher's. St John Fisher's struggled to a below par 63-8 (16 overs) thanks to some excellent bowling and fielding from the Rossett boys. Skipper, Zac Houseman, showed all the signs of a great leader –in leading from the front, in a hostile opening spell. He was well supported by Sam Barker (Y7), Sam Raynard-Robinson and Will Harwood (Y7). Rossett openers Jack Hudson and Will Harwood made light work of the chase, leading Rossett to victory inside 8 overs, just as the rain came.

They went on to compete against Ripon Grammar School in the County Cup Final where the boys displayed some excellent fielding and bowling skills which restricted the high quality batting line up. Ripon 105-5 (Eddie Crossley 2-29 and Sam Barker 2-22. Rossett fell 14 runs short on 89-8 after Jack Hudson and Will Harwood were undone by some 'dodgy' bounce off the pitch. Sam Barker gave Rossett hope with 18 valuable runs but the boys fell just short. Ripon had a team of club cricketers including some North Yorkshire representatives, so this was a great effort and the team can be proud of the season they have had.

They have demonstrated a great attitude this year and have supported each other. Zac Houseman has led his team well and we are grateful for excellent contributions from Sam, Noah and Will stepping up from Year 7.

Mr Wilson



Jack Hudson after his 78 not out guided Rossett to victory in a memorable win against Harrogate Grammar School. He was well supported by Charlie Lumsden.

TENNIS

The Year 7 and 8 students competed in the Area Tournament at Ashville. In hot conditions the students were amazing and were a credit to the school. The girls finished in fifth place and boys in sixth place.



Year 10 Division 2 League the girls finished fifth overall and the boys finished in second place.

The boys were very unlucky to just miss out to Ashville School, however they did manage to win their match against them 2-1.



PE SUPERSTAR



For this Half Term

Sophie Illingsworth

Our Rossett PE Superstar for this half term is Sophie Illingsworth, Year 8.

Sophie has recently moved to Rossett and is already a dedicated and enthusiastic PE student. As well as being an all-round sports enthusiast she has shown commitment to co-curricular clubs attending Rounders, Athletics and Tennis. Sophie is an exceptional learner in PE and is a fantastic representative of PE at Rossett School.



Rounders

Over 50 students from across all year groups have been committed and dedicated to training each week and have competed in a range of fixtures. The Year 9 and 10 students narrowly missed out to Ripon Grammar School by half a rounder and the player of the match was Elke Brown for her superb batting prowess. All students have shown great progress and have demonstrated some fantastic batting and fielding skills.



WINNING WAYS FOR BRYER

Josh Bryer has been a regular member of Athletics Club on which is held each Thursday and completed a Race for Life completing the 5k in a new PB of 20.03 minutes. He finished fourth out of 1542 people, which is a huge achievement.

Josh is a member of Nidd Valley Running Club and received a trophy this week for his efforts in the local Cross Country League, winning over 12 races. He also added to his achievements winning the recent athletics tournament and being presented with a medal to add to his growing collection.

Well done Josh!

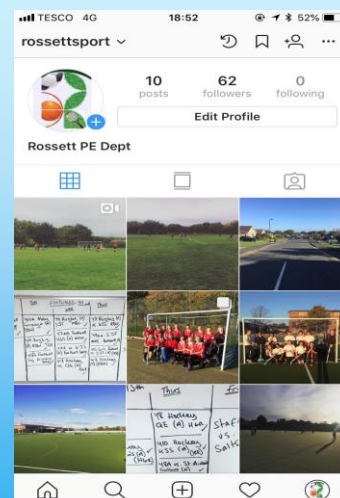




Rossett PE Department is on Twitter and Instagram!



@rossettpe



Follow us to keep up to date with weekly fixtures, team sheets, results and achievements.

AFTER SCHOOL CLUBS 19/20

2019/2020	After school opportunities		
	Team	Staff	Facility
Monday	Year 7/8 Netball	APN/KFN	Sports Hall/Courts
	Year 9/10/11/6 th form Hockey	HGR	3G/MUGA
Tuesday	Girls' Rugby (all years)	APN	3G
Wednesday	Year 7/8/9/10 Girls' Football	MSW/IRE	3G
	Year 10 Football	MFE	3G
	Year 7/8/9/10/11 Rugby	RSN/JCG/CWN/MBU	Fields
	Year 10/11/6 th form Netball	KFN/NMY	Fields
	Hockey Fixtures (KS4/5)		Sports Hall/Courts
Thursday	Year 7/8 Hockey	HGR	3G/MUGA
	Year 9 Netball	NMY	Sports Hall/Courts
Friday	Year 7/8/9 Football	RSN/RBW/MFE	Fields/3G/MUGA

If you are interested in joining any of the clubs please ask your PE Teacher or come to the PE Office at break or lunchtime.

To play in after school fixtures you will need to complete a consent form which you can get from the PE Office.

You can get a late bus pass (4.30pm) from Student Reception if you have an after school club.