

# Rossett PE Newsletter



October 2018

## Top 100 in UK for Sport



Welcome to our first ever Rossett PE newsletter which will showcase everything that is amazing about Rossett PE. I would like to thank the Sports Council and Miss Goacher for putting this newsletter together and I hope you find it informative, inspiring and an insight into the world of Rossett School PE.

As you can see from the title above we were named in the top 100 schools for sport for the UK which is something we are incredibly proud of. It is a true recognition of all the hard work by the students and the staff at Rossett.

Enjoy!

Mr Bradshaw  
Director of Sports  
Studies



## Massive Success Celebrated at Sports Presentation Evening

The 2017/2018 sports presentation night was a huge success with certificates and medals given out to a number of students to congratulate them for their performance and improvement in sport at Rossett.

We were honored to have Simon Weaver as a guest speaker who is the Manager at Harrogate Town. He gave an inspiring speech about his career, his triumphs and overcoming difficulties showing his excellent resilience.



Congratulations to all of those who won awards. Let's make this year a bigger and better one!





# Rugby



The Year 7 rugby team played in their first Rugby 7s tournament at Tadcaster. All played excellent rugby which saw them draw with Tadcaster. Player of the Match was Will Harwood.

The Year 11 rugby team travelled to South Craven to play in the White Rose Rugby Tournament where they played against five other teams. The boys went on to win two out of their four games played. Player of the Match was Dan Farrar.

## U14 Netball National Schools



There were some great performances by the U14 Netball team at the National Schools District Round.

The girls competed against schools such as St Aidan's, Harrogate Ladies College and Ashville with some great play and winning results against Queen Ethelburga's and St John Fishers.

### The Team:

Eadie Chapman	Jess Street
Olivia LeBrocq	Izzy Jones
Eliza Rodi	Meghan Handley
Beth Cannings	Anna Marjanovic
Amber Munns	Kendra Dresser
Amy O'Fei	

## My Experience

*By Gracie Ridley (Yr12 Student)*

My time at Rossett started from Year 7. Playing sport through the years all the way to Year 11. Starting from the bottom as the youngest in the school, I joined all the teams and learnt every rule.

The games I played and places I went  
Made my time at Rossett a time well spent.  
Football, netball, hockey too  
Are a few of the sports I chose to do.

I became a sports leader from the leadership scheme;  
Part of the sports council and a captain for teams.  
PE lessons were a time to unwind  
Enhancing teamwork and performance while relaxing  
the mind.

During exams we were all stressed  
But the sport was the cure; the teachers were the best!

Now in year 12, I help out in PE  
Walking around the lessons and the students I see  
Are trying new sports and improving their skills  
Enjoying their time and learning new drills.

This just proves the importance of sport!  
None of this could happen without the teachers' support  
They're an inspiration to students and have helped for  
times ahead,  
As I'd love to teach PE or be a footballer instead.



# Park Run

The park run takes place every year around Rossett School and neighbouring streets over a distance of 2.5km. This year we have been lucky enough to not get wet!

This event gives the PE department a chance to select the cross-country team for the upcoming Harrogate and Craven Cross-Country Trials.



## Winners

### Year 7:

**Boy** - Josh Breyer 9.39

**Girl** - Nell Kitson 10.4

### Year 8:

**Boy** - Charlie Lumsden 8.56

**Girl** - Lydia Corner 10.13

### Year 9:

**Boy** - George Coutie 8.20

**Girl** - Hannah Wardill 10.20

### Year 10:

**Boy** - Josh Knowles 8.22

**Girl** - Anouska Dresser 10.24

### Year 11:

**Boy** - James Baxter 8.34

**Girl** - Lucy Ellmore 10.12

## Fantastic start for Hockey



The U15 team played King James's School and won 2-0 (goals from Anna Mitchell and Elora Shrimpton).



The U13 A and B team travelled to Queen Ethelburga's on a lovely sunny afternoon. The A team won 5-0 with all 5 goals scored by Jess Renton was playing up an age group! The B team narrowly missed out with a score of 5-4. Player of the matches: A- Jess Renton and B- Georgina Richardson.



The U14 girls' team travelled to Queen Ethelburga's to play in the District Schools tournament. The girls all played really well for their first game back, drawing 0-0 against Harrogate Grammar and QE. Player of the Match: Becky Renton.



# Strong start for U18 girls football



Written by Katie Ridley (Year 13)

On Tuesday 16 October, the U18 girls football team played in the first round of the national cup against St Aidan's. This was our first game of the year- which we smashed, winning 4-1. To start of the game, within the first few minutes a goal was scored, giving us an early lead. To which Aidan's responded towards the end of the first half with a lucky equaliser. Half time came and our spirits were high- drawing 1-1 we were determined to win and pull it back. The second half started and straight away we put up a fight- our defence remained strong throughout and Vicky pulled out some great saves in goal. Aidan's were pressing hard- but that didn't stop us. Evelyn snuck one past the keeper- and suddenly we were leading again. With some amazing encouragement from Miss Rowe from the side-line, time went on and two more went in from Evelyn- getting her a hat trick, and giving us confidence. The final whistle blew, and that was it- a 4-1 win and onto the next round. Nice one girls!

## Join a club out of school

### Hockey-

Leeds Adel HC  
Harrogate HC



### Netball-

Phoenix  
Ripon Rockets  
YMCA  
Leeds Athletic  
Halos  
Hilites

### Cricket:

Bilton CC  
North Leeds CC

### Rugby-

Harrogate  
Moortown  
Roundhegians

### Football-

Harrogate Railway  
Harrogate Town  
Beckwithshaw  
Pannal Sports  
Wetherby  
Nidderdale  
Scotton Scorchers

### Basketball-

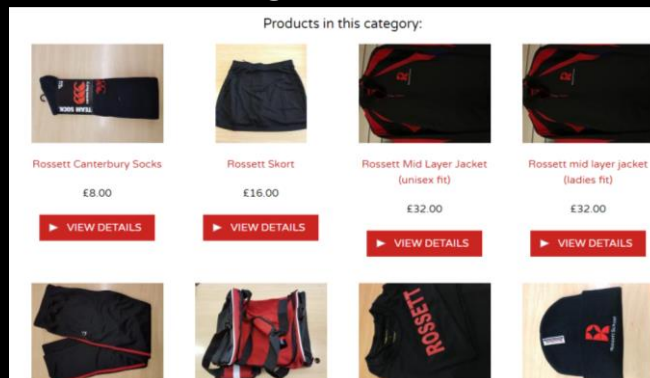
Harrogate Raiders  
Leeds Tigers

### Running club-

Harrogate Harriers  
Valley Striders Leeds  
Abbey Runners

## OPTIONAL EXTRA'S

For those long, cold winter days!



Scan the QR code below on your iPad or phone to access the Emblazon online store where you can order any extra kit for lessons or sports teams.







# PE SUPER STAR



Our Rossett PE Super Star for this half term is Alex Clayman in Year 7 who has recently been selected to play for West Yorkshire.

Alex has been part of the Year 7 school hockey team and plays up a year group in the Year 8 team. She is a member of Leeds Adel Hockey Club playing on a Sunday against other teams in the West Yorkshire League.

Well done Alex!



## Football



**The Year 10 boys** are through to the next round of the English school's cup with a 4-0 win against Abbey Grange. The boys travelled to Leeds to battle against windy elements but they did not disappoint. Some great defending in the back line from Alfie Hewson kept AGA at bay. The boys worked well with quick touches and movement throughout the midfield which resulted in the first goal by Harry Leonard. A further two goals by Leonard, one of which sky-rocketed past the keeper and a well-composed and worked goal from Harry Bhogal saw the team comfortably through to the next round.



**The Year 9 boys' A team** beat Roundhay in the National Cup 5-0 and Risedale 7-1 in the County Cup. They now go on to the next round!

## Meet Miss Goacher



**About me:** I have recently moved from Australia where I lived for two years working as a supply teacher, coaching and playing hockey in Queensland.

**Education:** BSc (Hons) Sports and Exercise Science and PGCE in Physical Education at Leeds Beckett University.

**Sport:** I have represented Yorkshire in Swimming, Netball, Pentathlon, Hockey and represented the North of England in the inaugural UK School Games for Hurdles. I currently play hockey for the Harrogate Ladies 1<sup>st</sup> team.

**Favourite Food:** Fajitas.

**Favourite Drink:** Yorkshire tea.

**Sporting hero:** Jessica Ennis-Hill, I ran against her once.

**Interests:** Horse riding, walking my dogs and cuddling my new nephew.

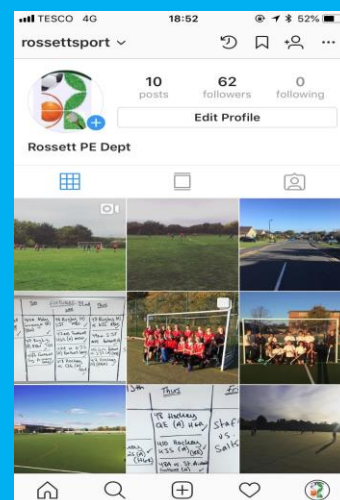




# Rossett PE Department is on Twitter and Instagram



**@rossettpe**



**Follow us to keep up to date with weekly fixtures, team sheets, results and achievements.**

## AFTER SCHOOL CLUBS

2018/19	After school opportunities 3.30- 4.30pm		
	Team	Staff	Facility
<b>Monday</b>	Year 7/8 Netball Year 10/11/6 <sup>th</sup> form Hockey	KFN/NMY HGR	Sports Hall/Courts 3G
<b>Tuesday</b>	Girls Rugby (all years) Year 11 Football	APN/MBU RBW/SBL	3G Field
<b>Wednesday</b>	Year 7/8/9/10 Girls' Football 6 <sup>th</sup> Form Football Year 7/8/9/10/11 Rugby Netball fixtures (all years) Hockey Fixtures (KS4/5)	MSW/IRE MFN RBW/SBL/CWN/MFE/MBU/JCG/JWM	3G Fields Fields
<b>Thursday</b>	Year 7/8/9 Hockey Year 9/10/11 Netball Year 9 Football Year 10 Football	IRE/HGR KFN/APN/NMY MFE RSN	3G Sports Hall / Courts Fields/MUGA Fields/MUGA
<b>Friday</b>	Year 7/8 Football	MSW / RSN	Fields/3G/MUGA

If you are interested in joining any of the clubs, please ask your PE Teacher or come to the PE Office at break or lunchtime.

To play in after school fixtures you will need to complete a consent form which you can get from the PE Office.

You can book a late bus pass (4.30pm) from Student Reception if you have an after school club.