



Rossett School

Success for everyone

Rossett adult learning for pleasure courses to suit all tastes and interests

Course Information

Tel: 01423 563768 email: adultlearning@rossettschool.co.uk www.rossettschool.co.uk/adultlearning
Adult learning, Rossett community partnership, Green Lane, Harrogate, HG2 9JP

18SU027 Ballet for Everyone

This course is for: anyone

For the first session students will need: comfortable clothing and ballet shoes or socks

Additional Costs: None

This course will cover:

- Learn basic moves and routines
- Improve posture and core strength
- Focus on balance and flexibility
- Help coordination and strength

Tutor profile:

Sophie began dancing at the age of 2 and is a professional. BBO qualified dance teacher with over 15 years of teaching experience in various styles of dance.

In addition to teaching dance classes, Sophie has choreographed and performed in many shows and productions. Sophie was the choreographer of the Harrogate Theatre's 2017/2018 pantomime, Beauty and the Beast.

Teaching experience includes the following dance styles:

Ballet classical
Ballet Lyrical
Tap
Jazz
Lyrical
Musicals
Hip Hop
Commercial
Ballroom

