Day	Time	Year	Activity	Facility	Staff
Monday	7.45 -8.30	Sports Academy + 6 <sup>th</sup> Form boys	Strength and conditioning	Gym 2	Michelle
		7,8	Rounders	Astro	FLB
		10,11, 6th form	Cricket	Harrogate cricket club	SYC, TZR
		7,8,9,10	Tennis (Beginner/recreational)	Courts	RHM
Tuesday	3.40-5.00	7	Volleyball	Courts	JCS
		10,11,12,13	Football (recreational)	Grass fields/Astro	SM
Wednesday	2.40-4.00	Girls, 7,8,9	Cricket	Harrogate cricket club	TZR, JIS, SYC, SM, JCS
		Tennis Team	Tennis (invite only)	Courts	MGH
		9,10,11	Rounders	Fields	FLB
		10,11, 6 <sup>th</sup> form	Athletics	Fields/Astro	AQI, CMM
		All years	Yoga	Gym 2	SM
Thursday	3.40-5.00	7,8,9	Athletics	Fields/Astro	CMM, AQI, SM, JIS,
		8,9,10	Volleyball	Courts	JCS
Friday	7.45 -8.30	Sports Academy	Strength and conditioning	Gym 2	Michelle