

BTEC Health and Social Care Curriculum Map: Year 11

Subject and Year Group	Autumn 1 Year 11	Autumn 2 Year 11	Spring 1 Year 11	Spring 2 Year 11	Summer 1 Year 11	Summer 2 Year 11
Topic/Unit to be studied	Component 3 Exam: Health and Wellbeing		Component 3 Exam: Health and Wellbeing (Spring 1)		Component 3 Exam: Health and Wellbeing (Summer 1)	
Core Knowledge and skills	<p>A1 Factors affecting health and wellbeing</p> <p>Learners will explore how factors can affect an individual's health and wellbeing positively or negatively. This links to, and extends, knowledge and understanding of life events covered in Component 1, but here the focus is on health and wellbeing</p> <p>Definition of health and wellbeing Physical and lifestyle factors: genetic inheritance, including inherited conditions and predisposition to other conditions, ill health, diet, amount of exercise, substance use, including alcohol, nicotine, illegal drugs and misuse of prescribed drugs, personal hygiene Social, emotional and cultural factors: social interactions, e.g. supportive/unsupportive relationships, social integration/isolation, stress, willingness to seek help or access services. Economic factors: financial resources</p>		<p>Component 3 - C1 Health and wellbeing improvement plans</p> <p>Learners will explore the features of health and wellbeing improvement plans. It links to, and consolidates and develops knowledge and understanding from Component 2, in particular support services and also care values in terms of the need for a person-centred approach</p> <p>The importance of a person-centred approach that takes into account an individual's needs, wishes and circumstances. Information to be included in plan: Recommended actions to improve health and wellbeing Short-term (less than six months) and long-term targets Appropriate sources of support (formal and/or informal).</p>		<p>Exam resit preparation / Level 3 Bridging project</p> <p>Revision – Content retrieval practise – C1, C2, C3 Deliberate practice – exam technique – mastery Quality modelling Targeted intervention</p> <p>Level 3 Bridging Project</p> <p>Task based – independent research projects</p> <p>Investigating the representation of Health and Social care in the media. Investigating the history of the NHS from its inception to modern day. Investigating current events affecting the Health and Social Care Sectors</p>	

	<p>Environmental factors: environmental conditions, pollution, noise, housing, e.g. conditions, location</p> <p>The impact of life events relating to relationship changes and changes in life circumstances</p>		
	<p>B1 Physiological indicators</p> <p>Learners will interpret indicators that can be used to measure physiological health, interpreting data using published guidance.</p> <p>Physiological indicators that are used to measure health: pulse (resting and recovery rate after exercise), blood pressure, peak flow, body mass index (BMI). The potential significance of abnormal readings: risks to physical health</p> <p>B2 Lifestyle indicators Learners will interpret lifestyle data in relation to risks posed to physical health. Interpretation of lifestyle data, specifically risks to physical health associated with smoking, alcohol consumption, inactive lifestyles</p>	<p>C2 Obstacles to implementing plans</p> <p>Learners will explore the obstacles that individuals can face when implementing these plans and how they may be mitigated.</p> <p>Potential obstacles: emotional/psychological, time constraints, availability of resources, unachievable targets, lack of support, other factors specific to individual e.g. addiction barriers to accessing identified services</p>	N/A

Assessment	<p>Summative: Summative assessment: Mock Exam at the end of Autumn 2</p> <p>Formative: Retrieval practice, low stakes testing after every topic, tiered question sets</p>	<p>Students sit external exam – February Spring 1</p> <p>Formative: Retrieval practice, low stakes testing after every topic, tiered question sets</p>	<p>Students sit external exam – May Summer 1</p> <p>Summative: Summative assessment: Mock Exam practise</p> <p>Formative: Retrieval practice, low stakes testing, tiered question sets</p> <p>Summative – completed extended writing projects – continual assessment via Teams</p>
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