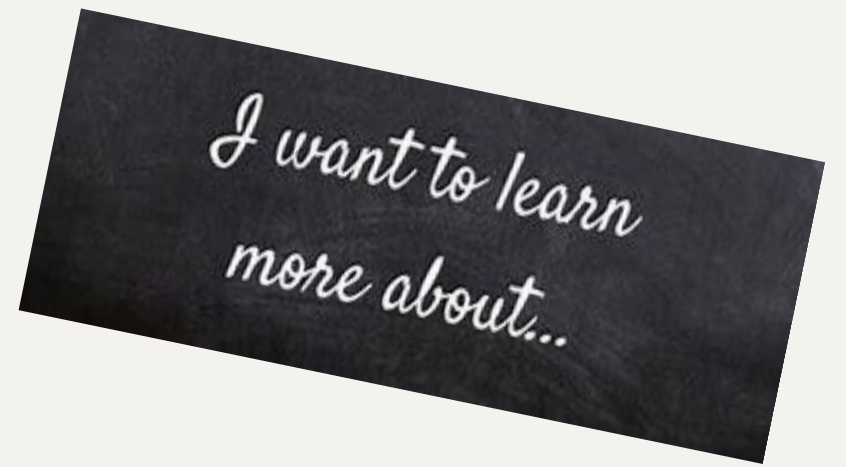


Level 3 BTEC
Extended Certificate
Health and Social
Care

Y11 into Y12



What will I be studying?



This course allows you an insight in the many roles available within health and social care from nurses to social workers to child care assistants and beyond they have many key features that we shall explore and apply.

- You will be studying a range of units which will help you to gain skills that will be valuable in your chosen profession or future study.
- You will learn about the human body and mind alongside the changes across time.
- You will learn what it means to work in the sector and what skills and behaviours you will need to develop.
- We will study the following units; although the final one is subject to change and you may not study them in this order.



Year 1

Unit 1, Human Lifespan Development, you will focus on:

- Understand the different influences on an individual's development and how this relates to their care needs.
- You will be introduced to the biological, psychological and sociological theories associated with human lifespan development.
- You will explore the physical effects of ageing and the theories that help to explain psychological changes.
- How you will be assessed: this is a paper based exam, that lasts for 1 hour 30 minutes, that is worth 90 marks. There is a variety of short- and long-answers. The questions are designed to test your knowledge on individual's development, the factors that affect this and the theories that explain this.

Unit 5, Meeting Individual Care and Support Needs, you will focus on:

- You will apply knowledge in order to provide the care and support that meets the needs of an individual in a health and social care environment, for this you need to understand the principles and practicalities that are the foundation of all the care disciplines.
- You will need to consider ethical issues that may arise and the challenges the individual may face in order to provide personalised care.
- You will reflect on the different methods used by professionals working together in a multi-agency team to provide a package of care and support that meets individual needs.
- How you will be assessed: by a series of coursework assignments. You will need to check that your work first meets all the pass criteria before moving on to merit and then finally distinction criteria.



Year 2

Unit 2, Working in Health and Social Care, you will focus on:

- The roles and responsibilities of health and social care practitioners and the organisations they work for.
- You will see how a wide range of roles, including doctors, nurses, physiotherapists, occupational therapists, social workers, youth workers, care workers and other professionals, work together to ensure that the individual needs of vulnerable people are met.
- How you will be assessed: this is a paper based exam, that lasts for 1 hour 30 minutes and worth 80 marks. There will be four sections, including short- and long- answers. The questions are intended to assess your understanding of how health and care services support people who need professional support. Each section will relate to a different service user group, for example the frail elderly, people with learning disabilities, people with mental health problems or people with long-term illnesses.

Unit 12, Supporting Individuals with Additional Needs, you will focus on:

- Examining the reasons why individuals may experience additional needs
- Investigating how two individuals with additional needs overcome the challenges to daily living and how current practice supports people with additional needs
- How you will be assessed: by a series of coursework assignments. You will need to check that your work first meets all the pass criteria before moving on to merit and then finally distinction criteria.



Task 1 – discuss in pairs

On 'The front line'.....

- What does it mean when people talk about being 'on the front line'?

Government declares a 'pandemic'.....

- What does it mean when people talk about the situation as a pandemic?

Task 2 – research

Working in your small groups, you are going to investigate how the pandemic has affected the day to day work of one key health and care worker.

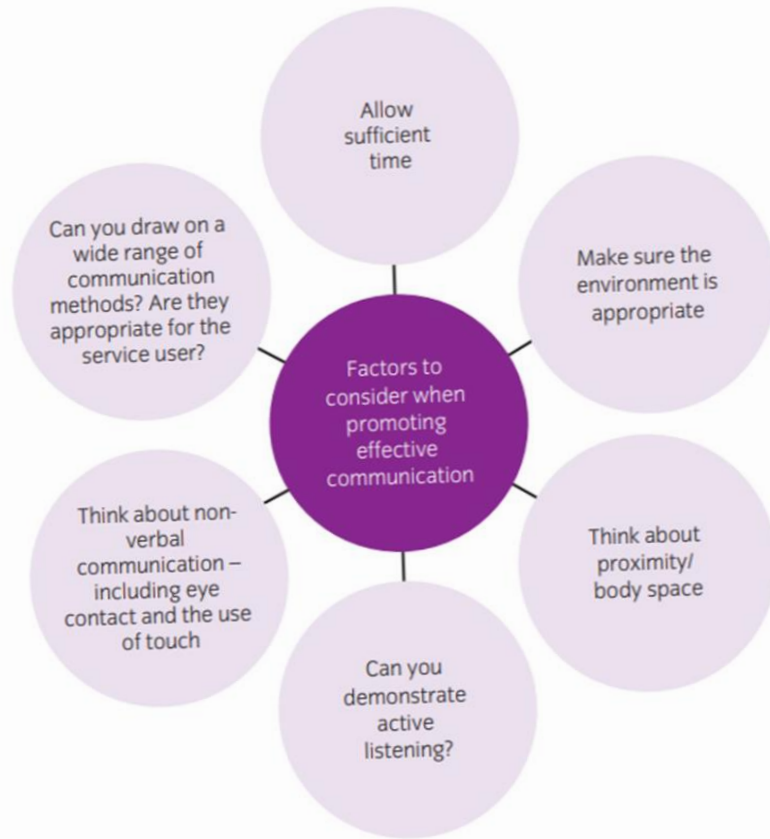
In your pair/group, you all must contribute to the research



Choose 1 job role per group
You have 20 minutes for the task

Job Role	Definition	Roles and Responsibilities	How do they respond in a pandemic?
District Nurse			
Auxiliary Nurse			
Palliative Care			
Phlebotomist			
Domiciliary Carer			
Adult Social Worker			





This theory of effective communication was first developed by Charles Berner in 1965 and is when someone decides to communicate. The process involves;

1. taking action (message sent),
 2. which is then received by the other person (message received).
 3. This person then works out the meaning (message decoded) and
 4. lets the other person know they have understood (feedback).
- The feedback is the response to the message and then the whole cycle may start again.
 - With this there are various factors to consider when promoting communication between service users and workers.

Communication theories

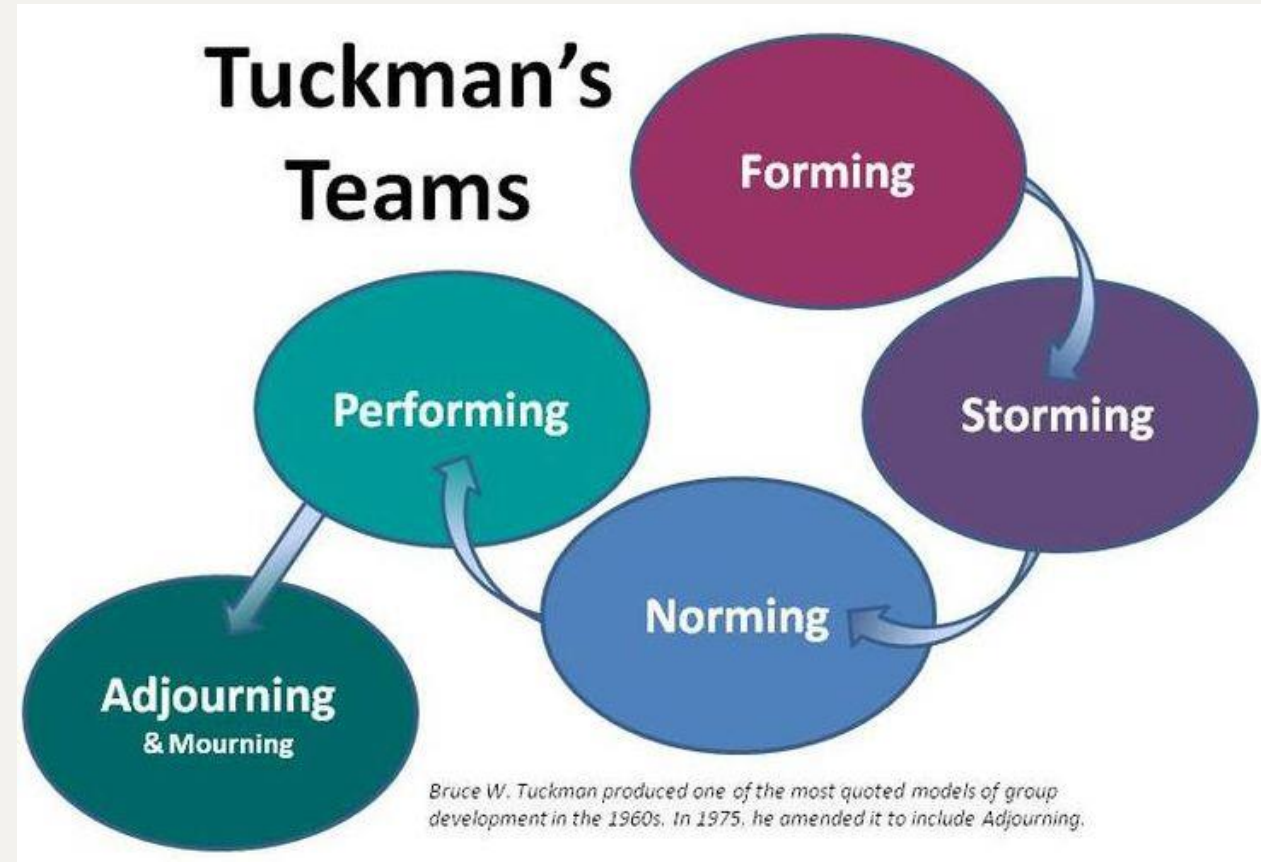
– Berner and Tuckman

Tuckman's stages of group interaction

The theory Tuckman developed i.e. Tuckman's original group development model consisted of the following 4 stages:

1. **Forming** (where the group members are getting to know each other)
2. **Storming** (where group members begin to ascertain their views and ideas that may be similar to and/or in contrast to the views and ideas of others)
3. **Norming** (where the group establish their aim and individual group members' roles and responsibilities) and
4. **Performing** (where the group works effectively and the group members work together to a consistently high standard).

His research was useful for health and social care contexts as it showed how groups need to go through a series of different processes or stages before they can reach their full potential and work effectively. This can be applied to groups/teams of people who work together such as multidisciplinary teams in care.





Task – present your research

- Now work together using Tuckman's communication theory to prepare and present your research information to the group.



Presentation time



Let's review

- How did you rate your presentations in Terms of Tuckman's theory?
- What tasks will you be set over the summer?
- You have a total of 5 tasks to do
 1. **Task 1** – What is the role of health promoters?
 2. **Task 2:** Why do you think is necessary for local authorities to have control over the needs of the people in their area? For instance, think about the people living in Harrogate and then compare that to the population living in Leeds; do they have the same needs? What would their focus for health be on?
 3. **Task 3** – Approaches to promoting public health and well-being
 4. **Task 4** – Compare Britain's response to at least one other country and its response to the pandemic. Assess the strengths and weaknesses in each approach to looking after public health.
 5. **Task 5** – Pandemic Phases
- You should hand in your work on Teams

