

October 2025

Dear Parent/Carer,

Level 3 BTEC Sport - Unit 1 Anatomy and Physiology and Unit 2 Fitness Training and Programming for Health, Sport and Wellbeing

I am writing to make you aware of the Pearson-approved revision guide for Unit 1 Anatomy and Physiology and Unit 2 Fitness Training and Programming which is available to purchase via Arbor.

The Unit 1 exam will take place at the end of this academic year and Unit 2 exam will be taking place in the January of the second academic year. Your child is currently studying the relevant theoretical components in class and this revision guide is the perfect tool to further develop their knowledge and understanding.

This is a valuable resource and I would strongly encourage you to purchase one. If you require some financial assistance to purchase a revision guide, please don't hesitate to get in touch. The school believes in supporting all students to access resources and any financial subsidy will be based on individual circumstances.

If you wish to purchase the revision guide, please make the appropriate payment on your child's Arbor account at a price of £14. Once ordered, the guide will be delivered to your child in school to take home.

If you have any queries at all please do not hesitate to contact me: O'SullivanR@rs.rklt.co.uk

Yours sincerely,

Ricky O'Sullivan
Subject Leader PE

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