RED KITE
LEARNING TRUST

Rossett School
Success for everyone

CAREERS BULLETIN

MAY 9TH 2025

**Mental Health Awareness Week
takes place from 12th - 18th May 2025.
The theme this year is 'Community',
and how a sense of community can
positively impact your mental health.**

MENTAL
HEALTH
AWARENESS
WEEK

**For tips on how to get involved with your
community, build your employability skills, AND
enhance your mental wellbeing, click here**

Interested in job roles that could benefit your local community? Click **here** for more information.

If you are considering working within mental health specifically, you can find a wide range of possible NHS roles **here**

OPPORTUNITIES

If you have no idea what you want to do in the future, don't worry! The opportunities in this newsletter aim to help you explore options for your future. There is no pressure to have everything figured out.

Free Online Careers Quizzes and Questionnaires

Quizzes and questionnaires cannot tell you what you should do, or magically match you to specific job roles, and they definitely should **not** be used to label or limit you. Quizzes can, however, help you to explore your interests and values, as well as opportunities you may not have considered.

Click here to complete the National Careers Service Skills Assessment

The 16 Personalities Questionnaire is based on the Myers-Briggs Type Indicator and is designed to identify your personality preferences - for example, how you approach decision making.

OPPORTUNITIES

Have your Say

Your voice is a powerful tool to advocate for what you feel is right. Your voice can also have a significant impact on other people's lives in your local, national, and even international community.

Youth Voice Census is a space for young people aged 11 - 30, across the UK to share their experiences and feelings on study, work, and daily life.

The deadline for completion is **Friday 6th of June**.

If you have careers-related questions
or need support, please contact
Emmi Wainwright at
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