

Rossett Sixth Form

Supporting A-Level Revision

- ❑ Encourage your child to create a revision timetable, to ensure they are balancing their subjects and social time effectively.
- ❑ Support your child by timing their attempts at past exam papers.
- ❑ To avoid procrastination, ask your child to leave their phone/iPad in a separate room for an allotted period of time.
- ❑ Re-writing material without purpose is both time consuming and unsustainable; completing examination papers or condensing notes to act as revision prompts is much more productive.
- ❑ Ensure your child has the necessary books or revision guides – ask them to speak to their subject teachers for further guidance.
- ❑ Short periods of revision are more sustainable and beneficial: 30-45 minutes followed by a short a break is advisable.
- ❑ Psychological research suggests sleep helps consolidate knowledge and prevents cognitive overload – although revision is important, studying to the early hours of the morning is not an effect method of revising.
- ❑ Praise and reward your child's efforts, to encourage their revision.



Rossett School
Success for everyone