

Rossett PE Newsletter

February 2019



It is my pleasure to introduce the third PE newsletter written by our wonderful sports' students and Miss Goacher.

As we approach our last half term of winter sporting activities, all staff and students would like to finish on a high and continue with the successes of Rossett PE as we move into the Summer Term.

We have had some amazing results - and we have had some losses - that is the nature of sport. We all believe that you cannot appreciate the sensation of victory until you have felt the sadness and frustration of losing.

The PE team will always put our students first and work to give them every opportunity to succeed.

I hope you enjoy the newsletter, it really does highlight that your child is in one of the best sporting schools in the area.

Mr Bradshaw
Head of PE



The Best in the Field



The **U13 Girls' Rugby Team** had a very successful afternoon at the Area School Tournament. They drew against Bedale A team and had two wins against Bedale B and Harrogate Grammar School.

We have been very lucky to welcome an RFU coach to deliver rugby coaching in our Year 9 girls' PE lessons - hopefully inspiring the next generation.



A great performance by the **U15 Girls' Rugby Team** against Harrogate Grammar School - just missing out on a win.

Staff v Students

Rossett PE Department will be taking on the U18 Girls' Netball Team to raise money for Comic Relief on **Friday 15th March.**

This will take place in the Sports Hall at late lunch.

Entry to the Sports' Hall will be a minimum donation of 50p.

Come with your friends and cheer on your favourite team!

**COMIC
RELIEF**



Football Fever!

The **Year 7 Boys' A Football Team** drew 2-2 and the **B team** won 3-2 against Harrogate Grammar School. Unfortunately, the team lost to Queen Ethelburga's in the Area Cup. Their attitude and conduct were a credit to them.



The **Year 7 girls** drew 1-1 in the District Cup but were defeated on penalties by a really strong Ryburn Valley School.



The **Year 10 Boys' team** beat Risedale 12-1 to progress in the County Cup and also remain in the Area Cup.

The **U13 and U14 Girls' Football Teams** are still in the North Yorkshire County Cup set to play St John Fisher's and Northallerton High School next half term.

Year 9 Boys' Team are due to play in the semi-final of the Area Cup next half term.



Rugby



The **Year 11 Boys' Rugby Team** played St John Fisher's School.



The team had a hard but brilliant game with a great performance by all players. They were very unlucky not to come away with a win.



My Experience Gymnastics

Written by Jack Medcalf

Rossett's own Jack Medcalf travels to Austria over February half term to compete in the GB Gymnastics Display routine.

Current Club:
Diamonds Gymnastics in Halifax.

Favourite Component:
Pommel Horse and the Rings.

Future Ambition:
To continue to perform for Great Britain in the group display routine next year.



Advice for others:
There is a Foundation Club in Halifax where you can go and 'give it a go'.
WATCH THIS SPACE...
Year 7-11 Gymnastic trials for an upcoming schools competition.

Eat, Sleep, Play, Repeat

The **U12 Girls' A and B team** played St Aidan's in a really close game. All girls played very well with some excellent interceptions and passes down the court. Players of the Match: Jess Renton and Tiffany Olusoji.



Area tournament dates for your diary:

U12- Monday 18th March
@Ashville

U13- Tuesday 2nd April
@Ashville

U14- Thursday 21st March
@Ashville

U15- Thursday 14th March
@Ashville



The **Year 8 Girls' A and B Team** played St Aidan's and Ripon Grammar School displaying great team work and resilience. The **U18 Girls' team** showcased some excellent tactics around the goal circle against St John Fisher's and the **Year 10 Girls' team** played St Aidan's in a very close match with Player of the Match going to Elke Brown for her great defending around the goal circle.



The **Year 9 Girls' team** piled the pressure on right from the first whistle and quickly mounted an early 4-0 lead against St Aidan's. The strong defence in the goal circle from Meghan Handley, Amber Munns and Izzy Jones was tight throughout. The interceptions were made from the mid-court and the balls into the circle were supplied expertly by Anna Marjanovic, Beth Cannings, Jess Street and Eadie Chapman. The shooters, Olivia Le Brocq, Eliza Rodi and Kendra Dresser barely missed a shot during the entire game. The game finished 21-15 and the players of the match were Beth Cannings and Eliza Rodi.



Teamwork Makes the Dream Work!



The **Year 8 Girls' Hockey Team** showcased some great skills this half term with a great 3-1 win against St Aidan's and a very close defeat at Ripon Grammar School.

The **Year 7 Girls' Hockey Team** showed great potential in their matches against St Aidan's and Ripon Grammar.
(Josie Arrand GK pictured, left)

The **U15 Girl's Hockey Team** have been unbeatable this half term with two great wins against Harrogate Grammar School and Queen Ethelburga's. Player of the Match went to Ava Craven for her control in the midfield and Elora Shrimpton for her great goal.



Area tournament dates for your diary:

U12- Tuesday 2nd April @ RGS
U13- Tuesday 12th March @ HGS
U14- Monday 18th March @ SA
U15- Thursday 28th March @ QE



Join a club out of school

Hockey-

Leeds Adel HC
Harrogate HC



Netball-

Phoenix
Ripon Rockets
YMCA
Leeds Athletic
Halos
Hilites

Cricket:

Bilton CC
North Leeds CC

Rugby-

Harrogate
Moortown
Roundhegians

Football-

Harrogate Railway
Harrogate Town
Beckwithshaw
Pannal Sports
Wetherby
Nidderdale
Scotton scorchers

Basketball-

Harrogate Raiders
Leeds Tigers

Running club-

Harrogate harriers
Valley Striders Leeds
Abbey Runners

U13 Boys Hockey Debut



The **U13 Boys' Hockey Team** played their first match against Queen Ethelburga's narrowly missing out on a win.

All boys played really well and the team showed great potential. Special mention to Devin Rhodes who played the second half in goal making some great saves. The boys look forward to more games next half term.



When did you first get into horse riding?

I was riding before I could walk! I started riding properly at the age of three and started competing at the age of six.

How did you get into horse riding?

With my mum having a large interest and great knowledge of horses from a young age and having competed at a high level herself, I was immediately interested in horses and all I wanted to do was ride.

GB Success Milly Moncrieff

What is your favourite thing about riding and how often do you do it?

I find it a very rewarding sport, you get out what you put in. Seeing the improvements I've made with my horse over a period of time is very satisfying. I exercise my two horses every night after school and practically spend all day with them at the weekends and holidays.



I keep my horses at a DIY livery - Springhouse Livery. I compete on Billionaire (aka Billy) for the Great Britain Junior Dressage Team. Alongside being part of Team GB, I compete on Billy at affiliated British Dressage competitions; recently campaigning ourselves at Prix Saint George level. I am aiming to start competing with my young horse Hizkia (aka Oreo) this season and I'm really excited for our future together as we are a relatively new partnership and he's a very talented horse. In total I have been selected for seven international competitions for Team GB and have qualified for the British Dressage regional championships every year since I was 10 years old.

Have you got any advice on how other students can get into riding?

My advice would be to find a local riding centre and go and have some riding lessons to see whether you really 'have the bug for it' as it takes a very high level of commitment and knowledge to own, care for and ride your own horse.

What's your next competition/aim for your riding?

My next competition I am aiming to ride at with Billionaire is Myerscough Premier League at the start of March. Moving forward from there on, I would like to attend a couple more Premier Leagues and compete abroad Internationally for Team GB, in hope of selection for European Championships in Italy in July 2019.



PE SUPERSTAR

For this Half Term

Jessica Renton



Our Rossett PE SuperStar for this half term is Jessica Renton in Year 7. Jess has been a regular member of hockey club on a Thursday night and also plays for Adel HC at the weekend. She also attends netball and football club at Rossett. She is an exceptional learner in PE and is a fantastic representative of PE in Rossett School.

Game Face

Yorkshire title for Nathan!

Nathan Gibson (Year 7) had a successful weekend in Newcastle at the Anglo-Scottish Tournament competing for Yorkshire in Badminton.



Yorkshire were placed third overall and Nathan won several games, including the mixed doubles.

Congratulations Nathan!

Meet Miss Butler

About me:

I have been working at Rossett since September 2018 in the Art Department but know the school well as I trained here during my PGCE (teacher training). As well as loving all things creative, I have a passion for running, horse riding (dressage) and being outdoors. I'm looking forward to supporting the Year 7 Bewerley Park trip!



Sporting success:

For a number of years I competed in off-road ultra-marathons - they taught me some very important lessons about not giving up!

Sporting hero:

I love the Brownlee brothers and quite often see them training around where I live which is surreal! I admire anyone who has a commitment to a sport at any level as it takes real dedication and drive.

Education: Contemporary Craft BA Hons – University College Falmouth

Sporting interests: Running, cycling, horse riding, going to the gym.

Aims for the future:

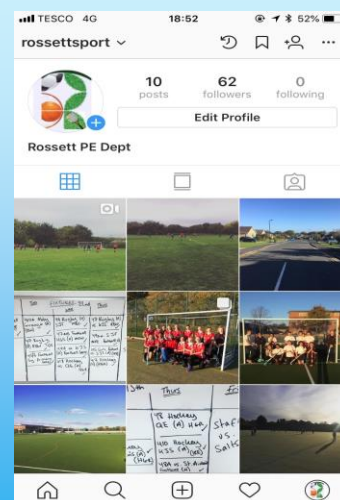
I would love to compete in a triathlon (maybe Mrs Leeming can coach me?!).



Rossett PE Department is on Twitter and Instagram!



@rossettpe



Follow us to keep up to date with weekly fixtures, team sheets, results and achievements.

AFTER SCHOOL CLUBS

Feb '19	UPDATED Co-Curricular opportunities		
	Team	Staff	Facility
Monday	Year 7/8 Netball Year 10/11/6 th form Hockey	KFN/NMY HGR	Sports Hall/Courts 3G
Tuesday	Girls Rugby (all years) Boys Rugby (Year 8) Year 11 Football Trampolining (all years)	APN/MBU CWN RBW/SBL HGR	3G Field Sports Hall
Wednesday	Year 7/8/9/10 Girls' Football Year 11/ 6 th Form Netball Year 7/8/9/10/11 Rugby	MSW/IRE NMY RBW/SBL/MBU/JWM	3G Fields
Thursday	Year 7/8/9 Hockey Year 9/10 Netball Year 9 Football Year 8A Football	IRE/HGR KFN/APN/NMY MFE RSN	3G Sports Hall / Courts Fields/MUGA
Friday	Year 7/8 Football Basketball (all years) Boxing (all years)	MSW / RSN PWX	Fields/3G/MUGA Squash Courts

If you are interested in joining any of the clubs please ask your PE Teacher or come to the PE Office at break or lunchtime.

To play in after school fixtures you will need to complete a consent form which you can get from the PE Office.

You can get a late bus pass (4.30pm) from Student Reception if you have an after school club.